

Managing Training Sessions and Attendance in Squad Tracker

Powered by [guidde](#)



This video demonstrates how to effectively manage training sessions using Squad Tracker. It covers scheduling, editing, attendance tracking, and reviewing player performance statistics.

01 Initial Training Overview Pause

We're going to look at the training aspect of Squad Tracker.

SquadTracker

Managing Demo Team U9s

5 WINS | 3 DRAWS | 1 LOSSES

Next Match: Demo Team U9s vs Parkdale FC U9 Rangers (Sat 7 Mar) 1:2

TOTAL MATCHES: 10 (This season)

ACTIVE PLAYERS: 13 (In squad)

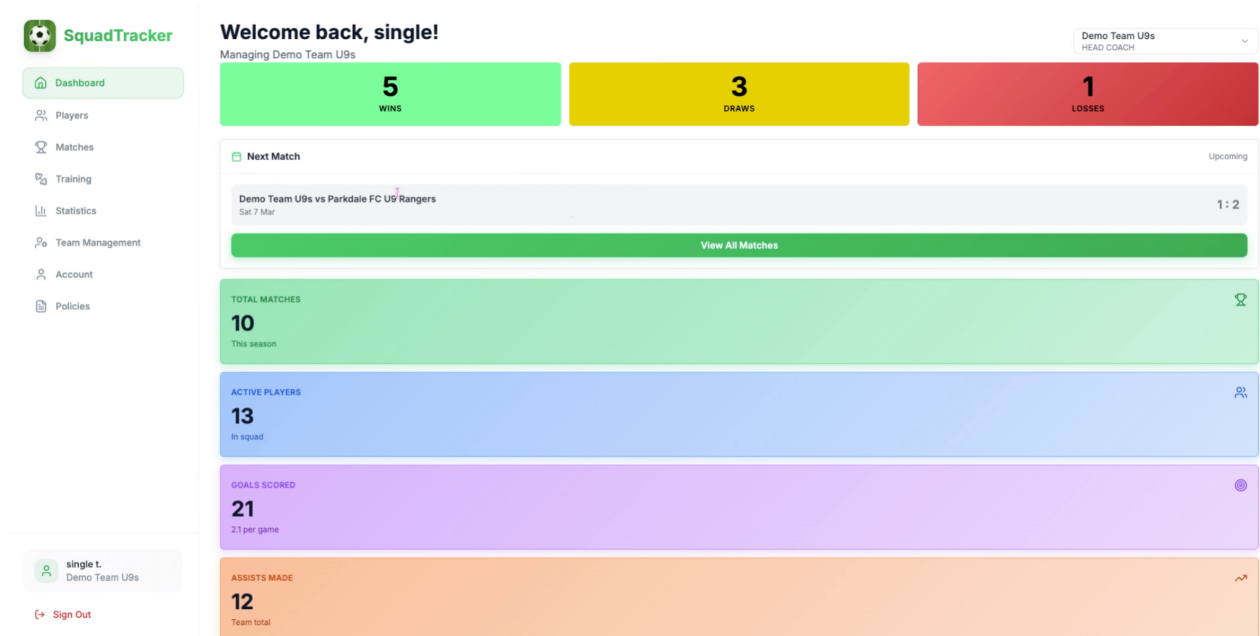
GOALS SCORED: 21 (2.1 per game)

ASSISTS MADE: 12 (Team total)

single t. Demo Team U9s | Sign Out

02 Accessing Training Menu

Select training. It will look exactly the same if you're in app view. All the functions are exactly the same in the app and desktop.



SquadTracker

- Dashboard
- Players
- Matches
- Training
- Statistics
- Team Management
- Account
- Policies

Welcome back, single!
Managing Demo Team U9s

Demo Team U9s
HEAD COACH

5
WINS

3
DRAWS

1
LOSSES

Next Match Upcoming

Demo Team U9s vs Parkdale FC U9 Rangers
Sat 7 Mar 1 : 2

[View All Matches](#)

TOTAL MATCHES 10
This season

ACTIVE PLAYERS 13
In squad

GOALS SCORED 21
2.1 per game

ASSISTS MADE 12
Team total

single t.
Demo Team U9s

[Sign Out](#)

03 Reviewing Training Sessions

Current and previous sessions are displayed here and you can filter by all sessions or each month.

The screenshot displays the SquadTracker Training dashboard. On the left is a sidebar with navigation options: Dashboard, Players, Matches, Training (highlighted), Statistics, Team Management, Account, and Policies. At the bottom of the sidebar, the user profile 'single t. Demo Team U9s' and a 'Sign Out' button are visible.

The main dashboard area is titled 'Training' with the subtitle 'Manage training sessions and track attendance'. A '+ New Training' button is in the top right. Three summary cards are shown: '4 SESSIONS' (green), '100% ATTENDANCE' (blue), and '1 AWARDS' (orange).

Below the summary cards are two sections: 'Top Attendance' (listing Player 2 and Player 1, both at 100%) and 'Trainer of the Week Winners' (listing Player 1).

The 'Training Sessions' section shows '2 sessions in February 2026'. Two session cards are displayed, both for 'shooting drill 1 on 1s etc' on 'Tue, 24 Feb 2026, 19:30' and 'Tue, 17 Feb 2026, 19:30', with '0/0 attended (0%)'. A search bar for training sessions is located to the right of the session list.

04 Adding New Training Session

Select new training , to add new sessions. Then change the date and the time

The screenshot displays the SquadTracker interface for the 'Training' section. On the left is a sidebar with navigation options: Dashboard, Players, Matches, Training (highlighted), Statistics, Team Management, Account, and Policies. The main content area is titled 'Training' with the subtitle 'Manage training sessions and track attendance'. At the top right of this area is a '+ New Training' button. Below the title are three summary cards: a green card for '4 SESSIONS', a blue card for '100% ATTENDANCE', and an orange card for '1 AWARDS'. The 'Top Attendance' section lists '#1 Player 2' and '#2 Player 1', both with '100%' attendance. The 'Trainer of the Week Winners' section lists '#1 Player 1'. The 'Training Sessions' section shows '2 sessions in February 2026' and includes a search bar. Two session cards are visible, both for 'shooting drill 1 on 1s etc' on 'Tue, 24 Feb 2026, 19:30' and 'Tue, 17 Feb 2026, 19:30', both with '0/0 attended (0%)'. At the bottom left, a user profile for 'single t. Demo Team U9s' is shown with a 'Sign Out' button.

05 Training Description Entry

Add a description in for that training. For example warm ups and drills..

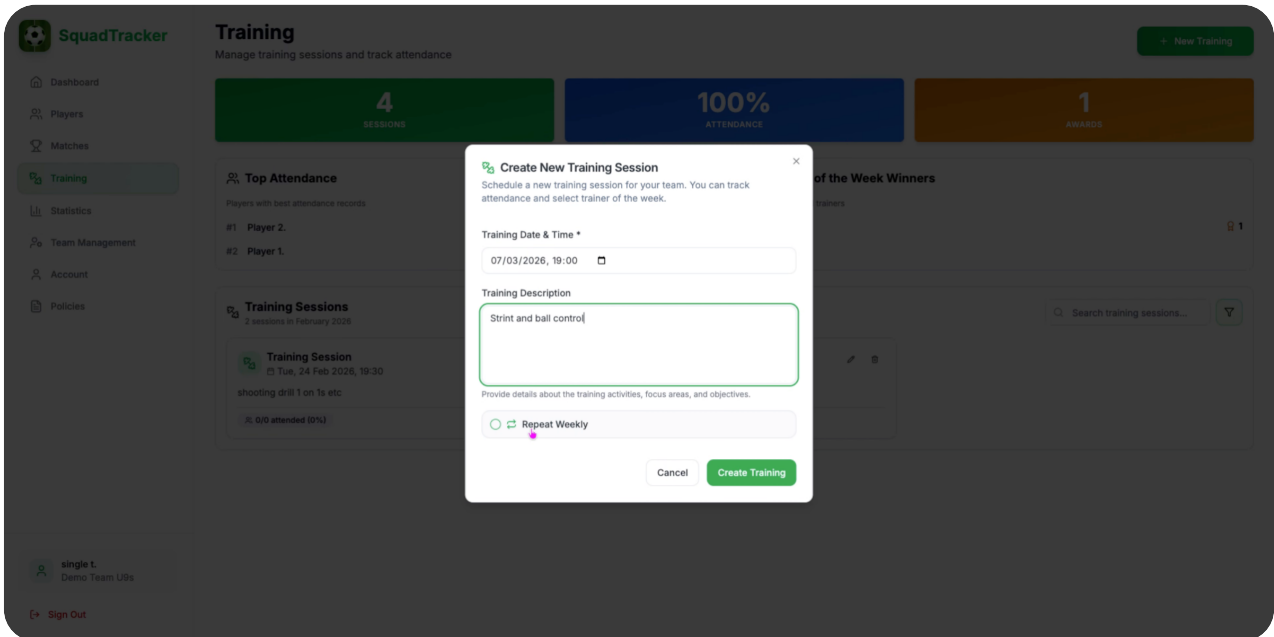
The screenshot displays the SquadTracker Training management interface. A modal window titled "Create New Training Session" is open, allowing users to schedule a new training session. The modal includes the following fields and options:

- Training Date & Time ***: A date and time picker set to 07/03/2026, 19:00.
- Training Description**: A text input field with the placeholder text "Describe what will be covered in this training session...".
- Repeat Weekly**: A checkbox option that is currently unchecked.
- Buttons**: "Cancel" and "Create Training" buttons.

The background interface shows a sidebar with navigation options (Dashboard, Players, Matches, Training, Statistics, Team Management, Account, Policies) and a main content area with training statistics (4 Sessions, 100% Attendance, 1 Award) and a list of training sessions.

06 Setting Weekly Repeat Option

If this is your regular training slot there is an option to make this repeat weekly. Click the repeat weekly button and select how many weeks you want it to repeat. If you have the same slot each week, this is really handy.



07 Creating Multiple Sessions

I'm going to create eight sessions. This will create them. You'll see them in your sessions available at the top.

The screenshot displays the SquadTracker Training management interface. A modal dialog titled "Create New Training Session" is open, allowing the user to schedule a new training session. The dialog includes the following fields and options:

- Training Date & Time ***: 07/03/2026, 19:00
- Training Description**: Sprint and ball control
- Repeat Weekly**: A checked checkbox.
- Number of Sessions**: A numeric input field set to 8, with minus and plus buttons for adjustment.
- Footer**: "Create 8 training sessions, one per week"
- Buttons**: "Cancel" and "Create 8 Sessions"

The background interface shows a sidebar with navigation options (Dashboard, Players, Matches, Training, Statistics, Team Management, Account, Policies) and a main content area with sections for "Top Attendance" (listing Player 2 and Player 1), "Training Sessions" (showing 2 sessions in February 2026), and "of the Week Winners". A "New Training" button is visible in the top right corner.

08 Viewing Upcoming Sessions

And as you go through each week, it will show your next session as you're ready to go. So we can filter and now you can see more upcoming ones.

The screenshot displays the SquadTracker Training dashboard. On the left is a sidebar with navigation options: Dashboard, Players, Matches, Training (selected), Statistics, Team Management, Account, and Policies. The main content area is titled "Training" and includes a subtitle "Manage training sessions and track attendance" and a "+ New Training" button. Three summary cards show: 12 SESSIONS (green), 100% ATTENDANCE (blue), and 1 AWARDS (orange). Below these are three sections: "Top Attendance" (listing Player 2 and Player 1 at 100% attendance), "Trainer of the Week Winners" (listing Player 1), and "Training Sessions" (listing two sessions on Feb 24 and Feb 17, 2026, both with 0% attendance). A search bar is present in the Training Sessions section. At the bottom left, a user profile for "single t. Demo Team U9s" and a "Sign Out" button are visible.

SquadTracker

Training
Manage training sessions and track attendance

+ New Training

12
SESSIONS

100%
ATTENDANCE

1
AWARDS

Top Attendance
Players with best attendance records

#1 **Player 2.** 100% (1/1)

#2 **Player 1.** 100% (1/1)

Trainer of the Week Winners
Most recognized trainers

#1 **Player 1.** 1

Training Sessions
2 sessions in February 2026

Search training sessions...

Training Session
Tue, 24 Feb 2026, 19:30
shooting drill 1 on 1s etc
0/0 attended (0%)

Training Session
Tue, 17 Feb 2026, 19:30
shooting drill 1 on 1s etc
0/0 attended (0%)

single t.
Demo Team U9s

Sign Out

09 Editing Training Session Description

In this example i select March. I'm going to complete one so we can click the edit button. This allows us to go in and edit that description. If you're working on something different that week, you can change whatever your training is going to be for that specific week.

The screenshot displays the SquadTracker application's 'Training' management page. The interface includes a sidebar with navigation options: Dashboard, Players, Matches, Training (highlighted), Statistics, Team Management, Account, and Policies. The main content area is titled 'Training' and features a subtitle 'Manage training sessions and track attendance'. At the top right, there is a '+ New Training' button. Below this, three summary cards show: 12 SESSIONS (green), 100% ATTENDANCE (blue), and 1 AWARDS (orange). The 'Top Attendance' section lists Player 2 and Player 1, both at 100% attendance. The 'Trainer of the Week Winners' section lists Player 1. The 'Training Sessions' section shows a grid of six sessions for March 2026. One session on Tuesday, 10 Mar 2026, at 19:30, titled 'shooting drill 1 on 1s etc', is marked as '2/2 attended (100%)' and '1 Trainer of Week'. A mouse cursor is hovering over the edit icon of this session. Other sessions include 'Sprint and ball control' on various dates, all currently showing 0/0 attendance. A search bar and a dropdown menu are located at the top right of the sessions grid.

10 Deleting Unattended Sessions

Delete any training sessions that you didn't attend or didn't go ahead so they don't affect any of your stats.



- Dashboard
- Players
- Matches
- Training**
- Statistics
- Team Management
- Account
- Policies

single t.
Demo Team U9s

Sign Out

Training

Manage training sessions and track attendance

+ New Training

12

SESSIONS

100%

ATTENDANCE

1

AWARDS

Top Attendance

Players with best attendance records

#1 Player 2.

100% (1/1)

#2 Player 1.

100% (1/1)

Trainer of the Week Winners

Most recognized trainers

#1 Player 1.

1

Training Sessions

6 sessions in March 2026

Search training sessions...



Training Session

Sat, 28 Mar 2026, 19:00



Sprint and ball control

0/0 attended (0%)



Training Session

Sat, 21 Mar 2026, 19:00



Sprint and ball control

0/0 attended (0%)



Training Session

Sat, 14 Mar 2026, 19:00



Sprint and ball control

0/0 attended (0%)



Training Session

Tue, 10 Mar 2026, 19:30



shooting drill 1 on 1s etc

2/2 attended (100%)

1 Trainer of Week

Trainer of Week: Player 1.



Training Session

Sat, 7 Mar 2026, 19:00



Sprint and ball control

0/0 attended (0%)



Training Session

Tue, 3 Mar 2026, 19:30



Defensive

0/0 attended (0%)

11 Opening Session Attendance

Select a session to Update attendance and awards, It will automatically tick all your players as attended.



- Dashboard
- Players
- Matches
- Training**
- Statistics
- Team Management
- Account
- Policies

single t.
Demo Team U9s

Sign Out

Training

Manage training sessions and track attendance

+ New Training

12 SESSIONS | 100% ATTENDANCE | 1 AWARDS

Top Attendance

Players with best attendance records

#1 Player 2.	100% (1/1)
#2 Player 1.	100% (1/1)

Trainer of the Week Winners

Most recognized trainers

#1 Player 1.	1
--------------	---

Training Sessions

6 sessions in March 2026

Search training sessions...

Training Session Sat, 28 Mar 2026, 19:00 Sprint and ball control 0/0 attended (0%)	Training Session Sat, 21 Mar 2026, 19:00 Sprint and ball control 0/0 attended (0%)	Training Session Sat, 14 Mar 2026, 19:00 Sprint and ball control 0/0 attended (0%)
Training Session Tue, 10 Mar 2026, 19:30 shooting drill 1 on 1s etc 2/2 attended (100%) 1 Trainer of Week Trainer of Week: Player 1.	Training Session Sat, 7 Mar 2026, 19:00 Sprint and ball control 0/0 attended (0%)	Training Session Tue, 3 Mar 2026, 19:30 Defensive 0/0 attended (0%)

12 Marking Player Attendance

If anyone didn't attend, just untick them. This will show on their attendance Stats later.



- Dashboard
- Players
- Matches
- Training**
- Statistics
- Team Management
- Account
- Policies

single t.
Demo Team U9s

[Sign Out](#)

#4	Player 4. Defensive Midfielder	<input checked="" type="checkbox"/>
#5	Player 5. Left Winger	<input checked="" type="checkbox"/>
#6	Player 6. Striker	<input checked="" type="checkbox"/>
#7	Player 7. Central Midfielder	<input checked="" type="checkbox"/>
#8	Player 8. Defensive Midfielder	<input checked="" type="checkbox"/>
#9	Player 9. Central Midfielder	<input checked="" type="checkbox"/>
#10	Player 1. Right Winger	<input checked="" type="checkbox"/>
#11	Player 1. Attacking Midfielder	<input checked="" type="checkbox"/>
#12	Player 1. Right Back	<input checked="" type="checkbox"/>
#20	player 2. Attacking Midfielder	<input checked="" type="checkbox"/>
	Player 1. Goalkeeper	<input checked="" type="checkbox"/>

Trainer of the Week

Select one or more players who performed exceptionally well

13 Selecting Trainer Of Week

And then if you've picked a trainer of the week, you can have multiple. Just select whichever players those were and save training.



- Dashboard
- Players
- Matches
- Training**
- Statistics
- Team Management
- Account
- Policies

single t.
Demo Team U9s

[Sign Out](#)

Player 1. Attacking Midfielder

#12 Player 1. Right Back

#20 player 2. Attacking Midfielder

Player 1. Goalkeeper

Trainer of the Week

Select one or more players who performed exceptionally well

#2 Player 2.

#3 Player 3.

#4 Player 4.

#5 Player 5.

#6 Player 6.

#7 Player 7.

#8 Player 8.

#10 Player 1.

#12 Player 1.

14 Viewing Weekly Winners And Attendance

If we go back to training, you'll now see it shows you which players have won weekly winners awards and give a breakdown of the top attendance.

The screenshot displays the SquadTracker Training dashboard. At the top, there are three summary cards: a green card for '3 SESSIONS', a blue card for '22% ATTENDANCE', and an orange card for '1 AWARDS'. Below these are two main sections: 'Top Attendance' and 'Trainer of the Week Winners'. The 'Top Attendance' section lists five players with their respective attendance percentages and counts. The 'Trainer of the Week Winners' section lists three trainers. At the bottom, there are two 'Training Sessions' cards, each showing a date, time, and description. A success message at the bottom right indicates that a training session was saved successfully.

SquadTracker

Training
Manage training sessions and track attendance

+ New Training

3 SESSIONS

22% ATTENDANCE

1 AWARDS

Top Attendance
Players with best attendance records

#1	Player 2.	100%	(2/2)
#2	Player 1.	100%	(2/2)
#3	Player 1.	100%	(1/1)
#4	Player 1.	100%	(1/1)
#5	Player 3.	100%	(1/1)

Trainer of the Week Winners
Most recognized trainers

#1	Player 1.	1
#2	Player 2.	1
#3	Player 5.	1

Training Sessions
2 sessions in February 2026

Search training sessions...

Training Session
Tue, 24 Feb 2026, 19:30
shooting drill 1 on 1s etc
0/0 attended (0%)

Training Session
Tue, 17 Feb 2026, 19:30
shooting drill 1 on 1s etc
0/0 attended (0%)

single t.
Demo Team U9s

Sign Out

Success
Training session saved successfully

15 Statistics Section Reflection

This will also be reflected in the statistics section of the app.

The screenshot displays the 'Training' section of the SquadTracker application. The interface includes a sidebar with navigation options: Dashboard, Players, Matches, Training (active), Statistics, Team Management, Account, and Policies. The main content area features a 'Training' header with a '+ New Training' button and three summary cards: 12 Sessions (green), 80% Attendance (blue), and 3 Awards (orange). Below these are three sections: 'Top Attendance' listing players with their attendance percentages and records; 'Trainer of the Week Winners' listing recognized trainers; and 'Training Sessions' showing two sessions with their dates, times, descriptions, and attendance percentages. A user profile for 'single t. Demo Team U9s' and a 'Sign Out' button are visible in the bottom left.

SquadTracker

- Dashboard
- Players
- Matches
- Training**
- Statistics
- Team Management
- Account
- Policies

Training

Manage training sessions and track attendance + New Training

12 SESSIONS

80% ATTENDANCE

3 AWARDS

Top Attendance

Players with best attendance records

#1	Player 2.	100%	(2/2)
#2	Player 1.	100%	(2/2)
#3	Player 1.	100%	(1/1)
#4	Player 1.	100%	(1/1)
#5	Player 3.	100%	(1/1)

Trainer of the Week Winners

Most recognized trainers

#1	Player 1.	1
#2	Player 2.	1
#3	Player 5.	1

Training Sessions

2 sessions in February 2026

Training Session
Tue, 24 Feb 2026, 19:30
shooting drill 1 on 1s etc
0/0 attended (0%)

Training Session
Tue, 17 Feb 2026, 19:30
shooting drill 1 on 1s etc
0/0 attended (0%)

single t.
Demo Team U9s

[Sign Out](#)

Learn to schedule and edit training sessions, track player attendance, assign weekly awards, and view attendance statistics within Squad Tracker.

Powered by [guidde](#)